

HEIGHTENED SECURITY MEASURES AROUND THE ESTATE

As we have all heard and witness the recent unfortunate news and events of the current situation in the country, Star City management team would like to keep you updated that we are paying close attention of the situation and putting our best effort to maintain the overall Safety and Security of the Estate.

Let us take this opportunity to remind you that Star City takes wellness and safety of the community as our top priority always and especially during this time.

StarCity is very fortunate to be gated and located in a secured perimeter which is an additional security advantage in deterrent of threats. We have well-trained Security personnel living on site and have continued providing 24/7 guards at strategic check points and increased patrols to ensure our StarCity's safe and serene lifestyle is preserved.

StarCity team is on top of the Security capacity and we have several arrangements made such as formation of additional task forces and volunteer watch-groups to further reinforce prevention and deterrence of threats. Essential safety protocols are also established with local security forces



to respond effectively and appropriately at all times.

Our resident's safety remains our priority and we assure you that we are constantly working to protect our estate with the best of our abilities.

As for important announcement and messages we have set up a Viber community group named StarCity Thanlyin.

We encourage you to join this community by scanning the following QR code.



For queries please do send us email to customercare@yomaland.com or call our Estate Management office number 056 23150 Extension 1198, 1206, 1256 & 1267.



STAYING HEALTHY

As the saying goes, Health is Wealth. Being healthy is the most important thing in life. Being Healthy allows you to do all the things you love. In this article we have some tips and tricks you can do in your everyday life to continue living healthily.

1. Always wear your mask when you go outside.

We all must be aware that covid-19 is still out there. Just because we no longer see it in the news as much as before, it really doesn't mean that Covid-19 is now gone. For this reason, it is extremely important that we stay vigilant in protection ourselves and other vulnerable people around us. Always remember to wear mask when going outside, wash your hands regularly, keep a hand sanitizer with you all the time. Sanitized your hands before touching your nose, mouth or when you remove your mask. Bring extra masks along with you in zip-lock bag so that you can change your mask every 3-4hrs when you are outside.



2. Prevent Sun burn

The weather has gotten much warmer over the past few weeks. Spring has arrived. When you go out, remember to bring your favorite sun screen and



apply regularly on your exposed skins, wear sun protection hand sleeves, wear light airy clothes, wear a cap/hat and wear your sun glasses. When you get back home in the evening, put on some aloe vera gel or thick lotion on your skin to replenish any lost moisture during day.

3. Drink plenty of water

Being in the sun for long period of time will get you dehydrated as you sweat. When you are dehydrated, you'll get tired, dizzy/disorientated, you might not urinate as often, all these are symptoms of dehydrations. Notice of these signals that your body is giving and make sure you replenish your body with enough hydration by drinking lots of water, electrolyte drinks and water mixed with oral dehydration salts. Make sure you are not holding in your urine for too long. Keep a look out for public toilets during your long walks.



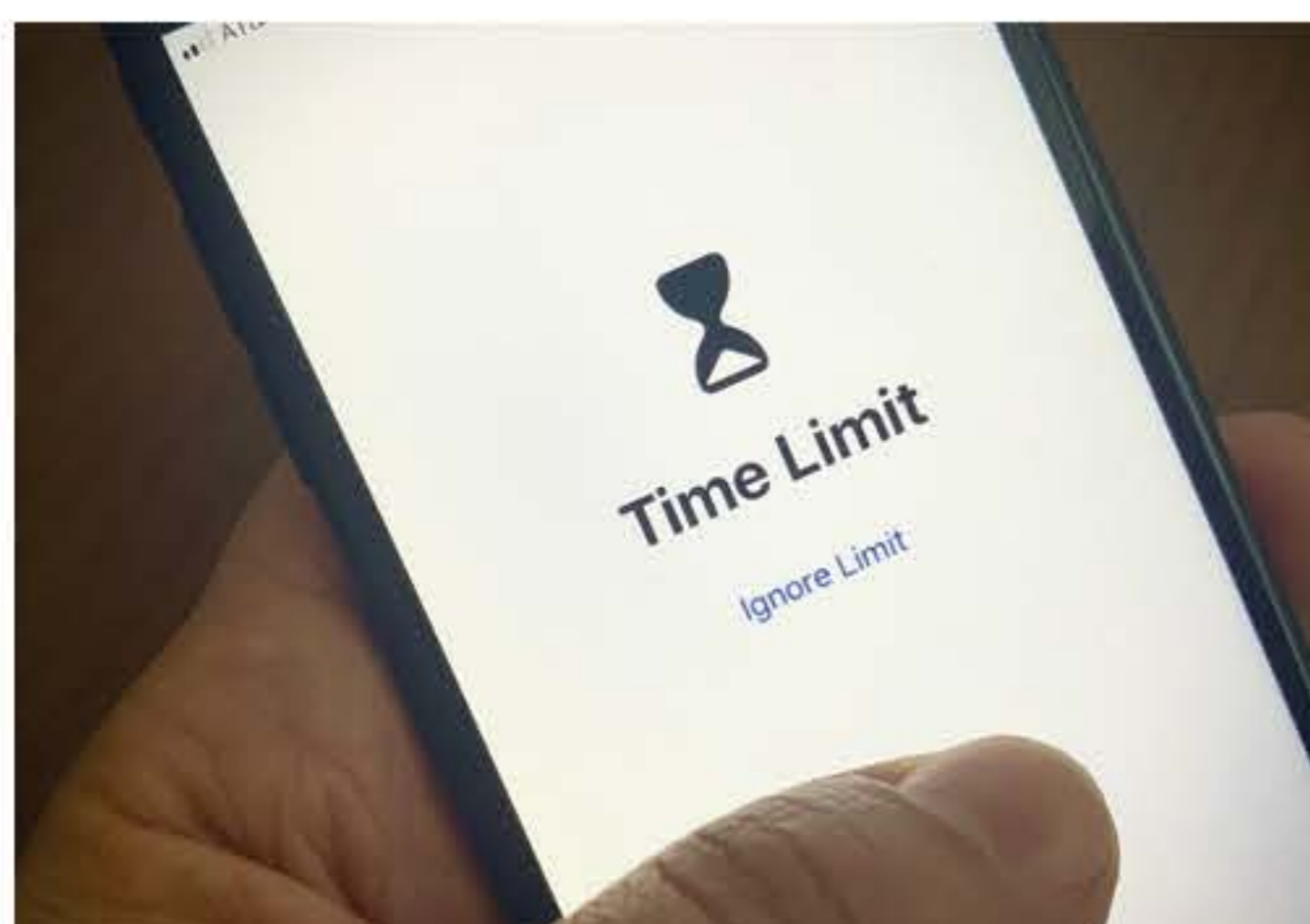
4. Warm up before cardio

Walking is also a form of exercise. Before going for long walks make sure you take 2-3mins to relax your muscles by doing some stretching and jumping jacks. This will prevent you from getting muscle fatigues at the end of the day. When you get home from your long walks remember to lightly massage your muscles before going to bed.



5. Take breaks between screen times

If you are a person who prefers staying home for long hours of screen times, remember to always take breaks in between and relax your eyes. Too much screen time not only causes muscle fatigue in your eyes but also causes stress unknowingly loading yourselves with too much information. Give your eyes and minds a break regularly, look outside the window to something green, take a deep breath, relax your shoulders, stretch your necks, take a short walk in your own room. And remember, not all news are worth your time and emotions, be vigilant in checking the sources.



6. Give yourself a breather

When you are to focus on a particular topic for a long period of time, you tend to lose out on your logical thinking. Give yourselves a breather, let your mind wander freely on other topics, listen to music, read a light book, watch a light movie, play some easy games. These breaks give your mind a much-needed breather to be much more focus and logical on deciphering information. It also keeps you calm and control for any decisions you will be making.



7. Get enough sleep

There are many reasons you might be losing sleep, but always remember sleeping is very much needed for your body and mind and enough sleep is key in keeping you going much stronger for longer. When you lack sleep, first your body will feel fatigue and your mind will be fogged which prevents you from doing all the things you wanted for the day. Having enough sleep during the night gives you the much-needed energy and determination to continue doing all the things you want. Give yourselves enough sleep to continue being the best you can be.



8. Nourish yourselves

Nutrition is very important for your body. As you are outside for long period of times, you tend to consume unhealthy snacks and street foods, to balance your nutrition, try to consume fruits, vegetables, meat and whole carbs when you get home. Nutrition is key in giving your body enough strength to continue your daily activities. Drink Vitamin C before going out in the morning. Vitamin C keeps you energized and fresh throughout the day. All these simple tips will keep you energized during these difficult times. StarCity wishes everyone to be safe and healthy during the walks towards better future.



PROPERTIES OF THE MONTH

2 Bedrooms Apartment at Galaxy Tower

Looking for an apartment at a safe residential campus with protected layers of security?

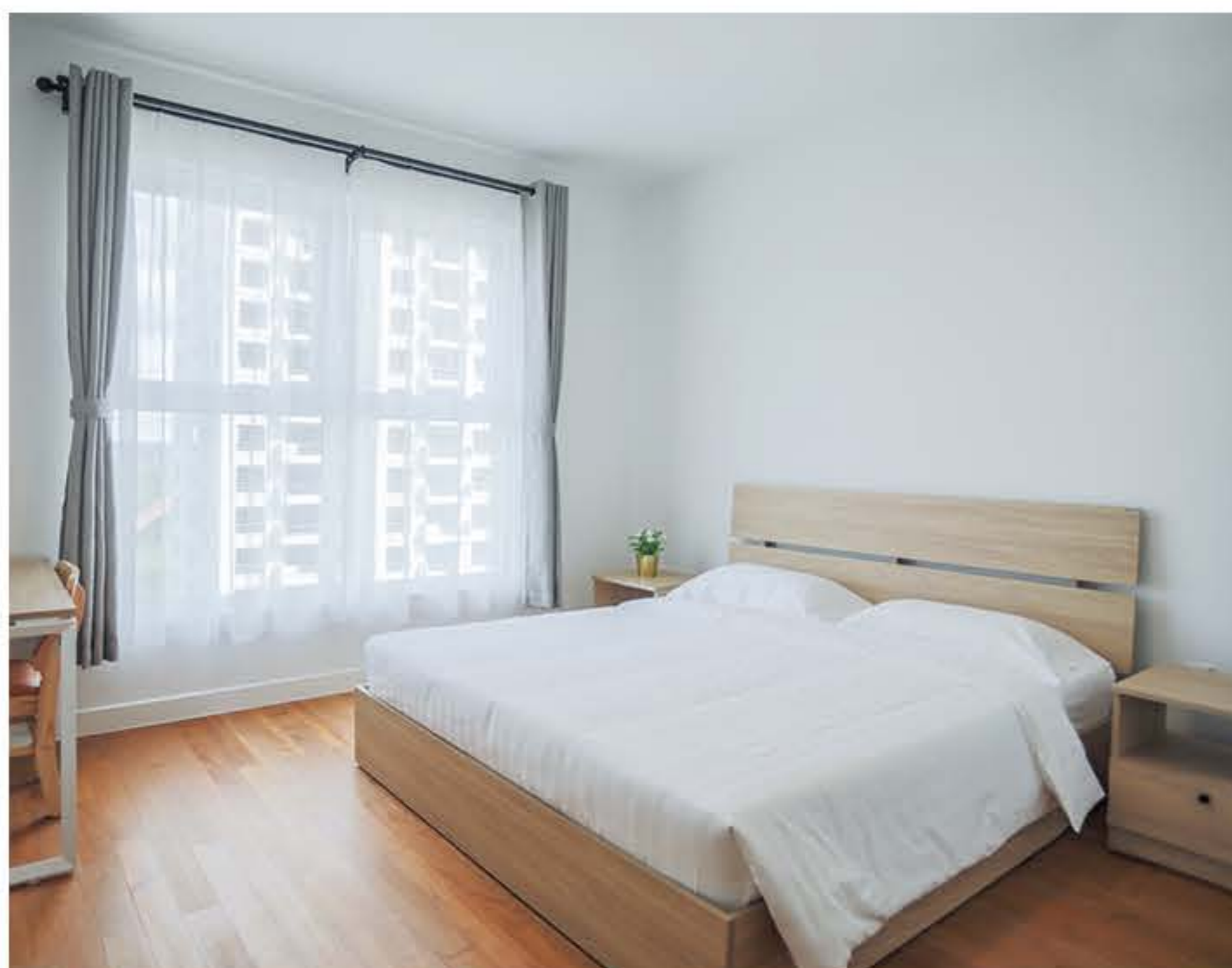
Newly built high-rise buildings (Galaxy Towers) at StarCity is a safe and pleasant haven for you. Brand new fully-furnished apartments with windy and nice looking views are ready for you at reasonable rent inclusive of Estate Management Fee and Commercial Tax.

2 bedroom apartments with the size of more than 1,000 sq.ft including below services from 800 USD to 1050 USD.

- Internet
- TV channels (Sky Net)
- Limited pass access to Community Swimming Pool
- Dedicated 24 hours security team
- Individual Intercom System

Whether you are a busy professional, returning expat or a newly married couple, looking for a place to stay in Yangon, you will find exactly what you need within our extensive home inventory. Our leasing consultants are ready to assist you in finding a home that suits your individual needs.

Enquiry: 09 765441223/ 09 765441224
Email : starcityrentals@yomaland.com



PROPERTIES OF THE MONTH CITY LOFT UNITS ON SALE

Introducing for this month is our editions of 1 Bedroom City Loft housing with 484 sq.ft in size.

The 1 Bedroom units are mostly the main choose for those who would like to invest, people who would like to live free alone, and the couples whom about to start a life together. That unit type of sales starts from with the price ranging around 750 lakhs.

Now that we also would like to introduce some new projects that have already been implemented.

The development of City Loft, a modern urban housing project, is a new impetus for StarCity. The project gives residents a more comfortable lifestyle with amenities such as the Hangar Wet Market and a Public Transport hub. And the recreational River Park project has also been completed.

To find out more on the details of the apartment, price and payment structure, our sales professionals are ready to attend to you.

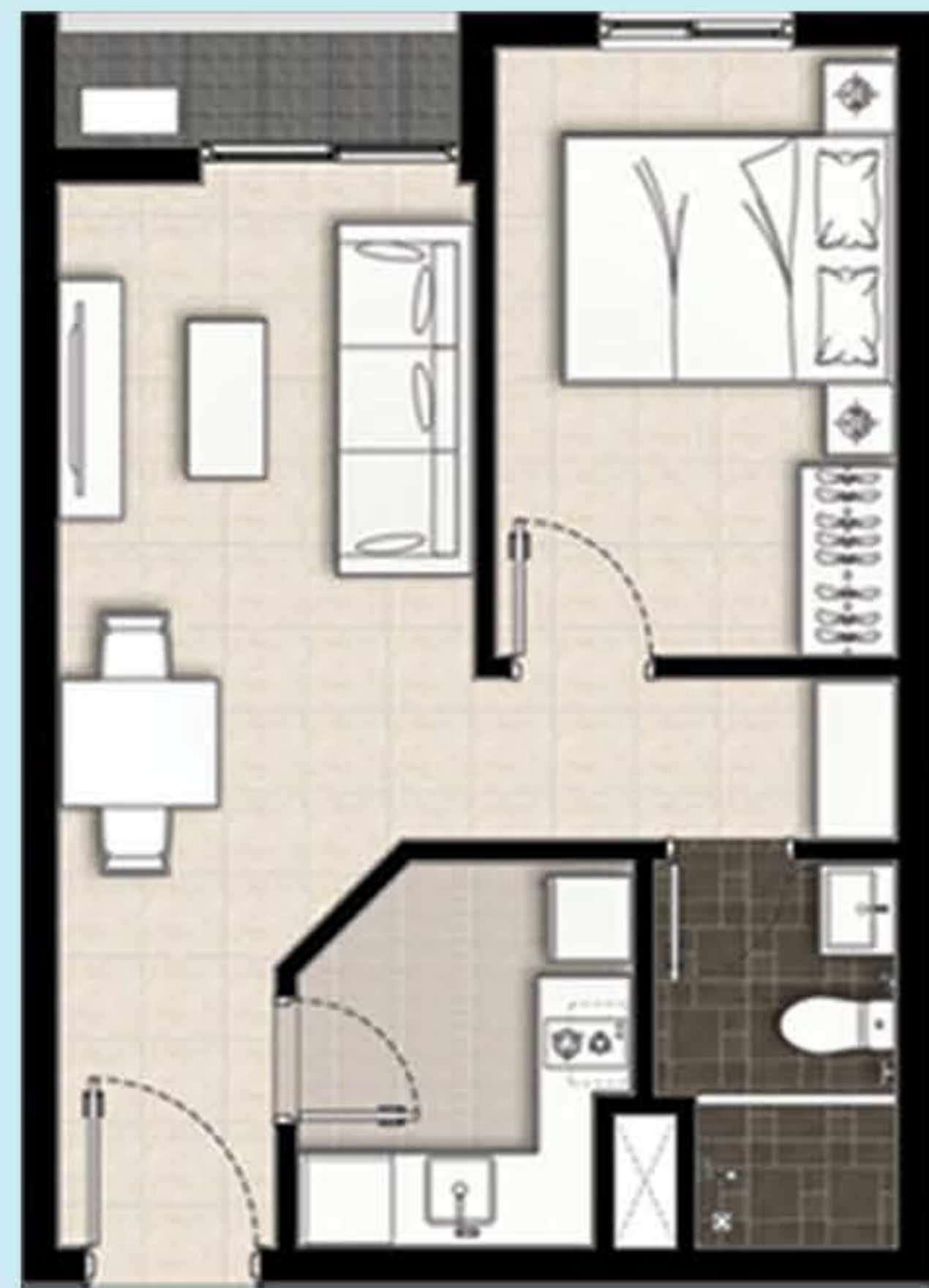
Contact us NOW at

09 777 223355 – 77

cityloftsales@yomaland.com

#CityLoft #Whereitallbegins #YomaLand

1 BEDROOM UNIT (T1)



484 SQ.FT





MEDICARE SHOP
www.medicarehb.com.mm

မှာ
ဘယ်လိုဈေးဝယ်မလဲ?

- Browser မှာ www.medicarehb.com.mm ကိုရိုက်ထည့်ပါ။
- နှစ်သက်ရာ ပစ္စည်းများကို Category အလိုက် ဝင်ရောက်ကြည့်ရှုနိုင်သလို Search မှာရိုက်ထည့်ပြီးလည်း ကြည့်ရှုနိုင်ပါသည်။
- ကြိုက်နှစ်သက်ရာ ပစ္စည်းလေးတွေကို Add to Cart ထဲသို့ထည့်ပြီးရှေးချယ်ပြီးပါက Check Out လုပ်နိုင်ပါပြီ။
- ဈေးဝယ်သူ မှာယူလိုက်သည့် ပစ္စည်းများကို MEDICARE မှ တပတ်အတွင်း လိုက်လံပို့ဆောင်ပေးမှာဖြစ်ပါသည်။

MEDICARE Myanmar ဆိုင်ခွဲများရှိသောမြို့နယ်များ

- ကျောက်တံတား မြို့နယ်
- စမ်းချောင်း မြို့နယ်
- တာမွေ မြို့နယ်
- ဒဂုံမြို့နယ်
- ကမာရွတ်မြို့နယ်
- လှိုင်မြို့နယ်
- တောင်ဥက္ကလာပမြို့နယ်
- လမ်းမတော်မြို့နယ်
- သယ်န်းကျွန်း မြို့နယ်
- မြောက်ဥက္ကလာပမြို့နယ်
- အင်းစိန်မြို့နယ်
- မင်္ဂလာဒုံမြို့နယ်
- မင်္ဂလာတောင်ညွန့် မြို့နယ်
- သာကေတမြို့နယ်
- ဗဟန်းမြို့နယ်
- မရမ်းကုန်းမြို့နယ်
- ကြည့်မြင်တိုင်မြို့နယ်



Issue : Feb 2021

MEDICARE
love your life

အထူးပရိုမိုးရှင်း
1st ~ 28th, Feb 2021

POWERFUL YET GENTLE
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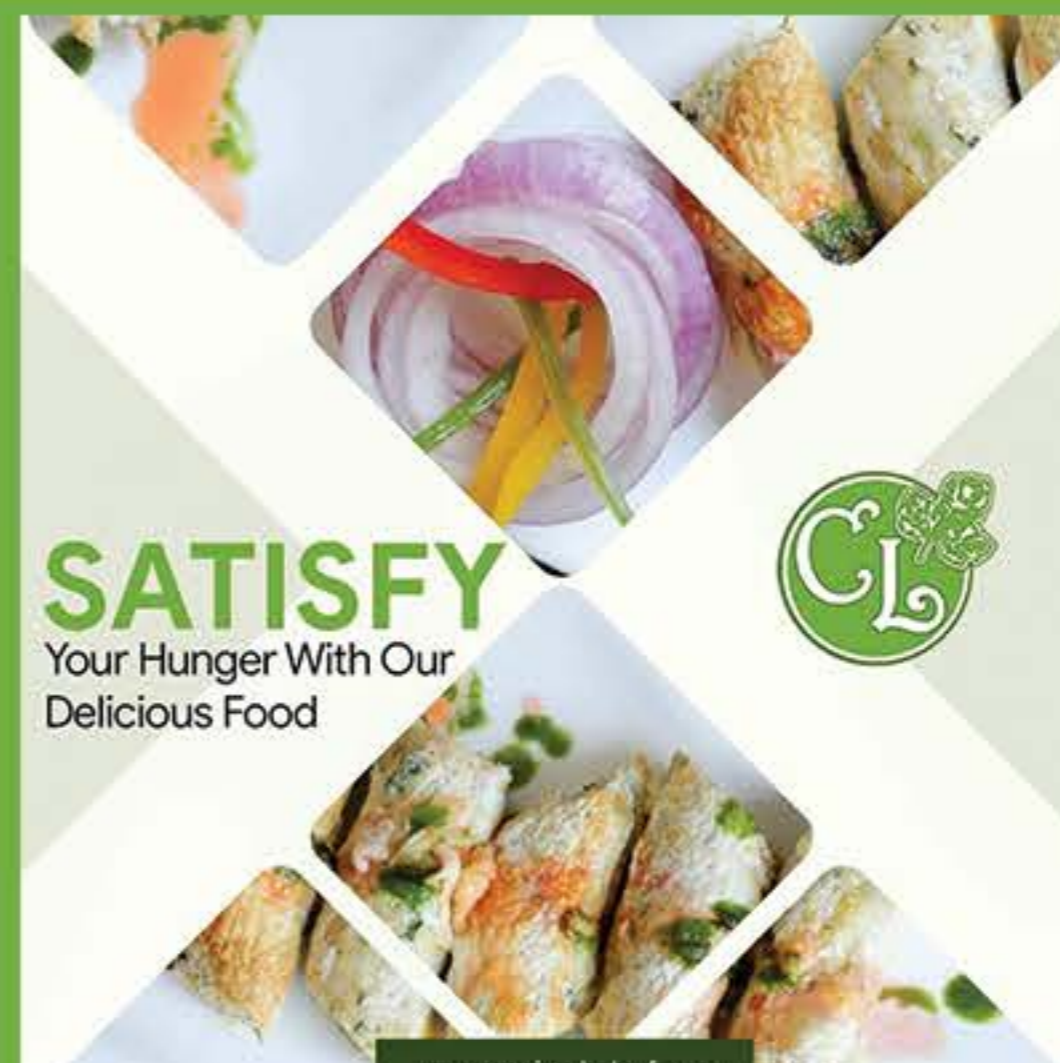


CL

Cooked in every
Indian kitchen.
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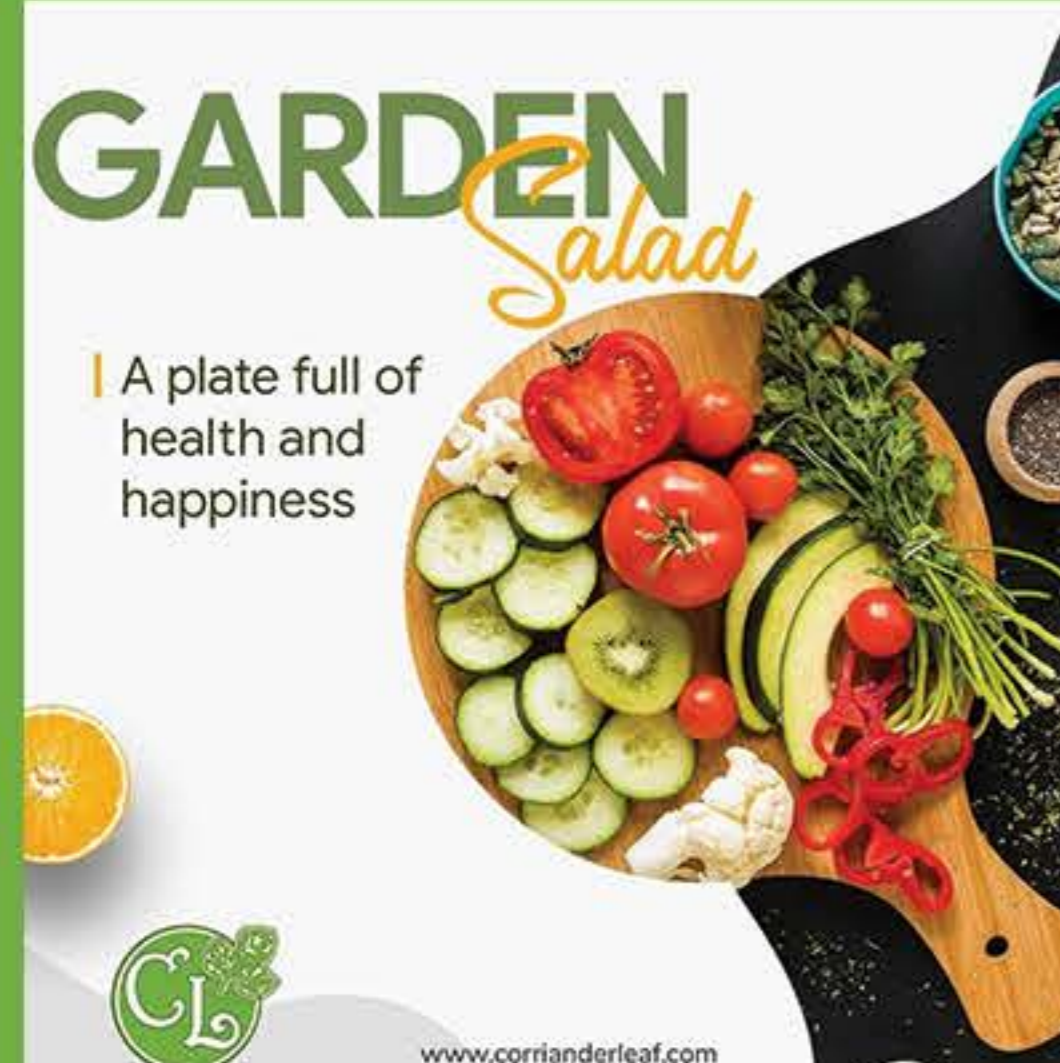
CL

SATISFY
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Delicious Food

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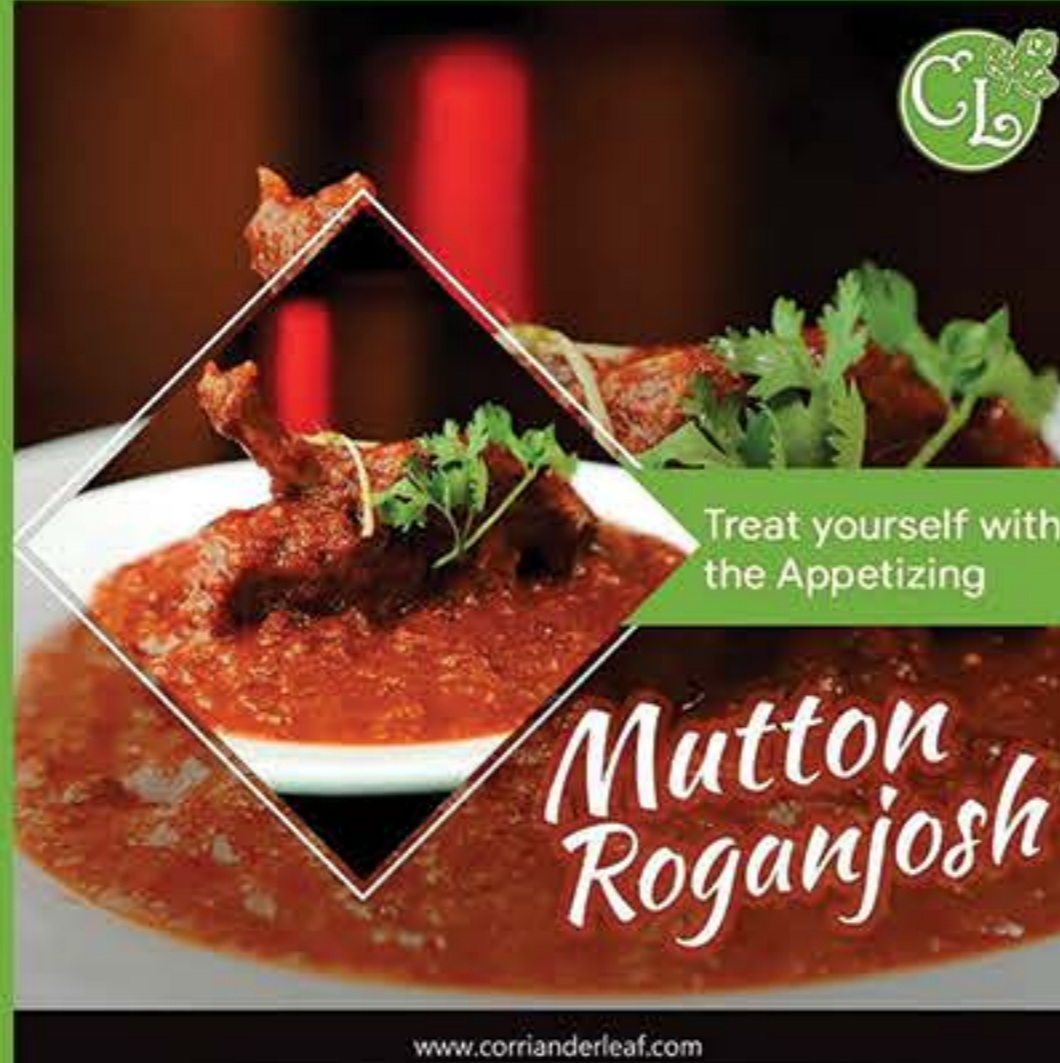
GARDEN Salad

A plate full of
health and
happiness



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the Appetizing

Mutton
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CORRIANDER LEAF STARCITY

Contact: 09969684513
09788275225



**SPORT'S DAY
PROMOTION**



Expire on the 30th April 2021

Excluding public holidays | Discount applies to the green fee only

Star City Links Golf Course & Driving Range, Kyaik Khauk Pagoda Road, Thanlyin Township.
Phone: 056-23150 Ext: 1241 Mobile: 09 42385 1101 Email: starcitylinksinfo@yomaland.com



DULWICH COLLEGE
| YANGON |

TUITION FEES FREEZE FOR ACADEMIC YEAR 2021-22

At Dulwich College Yangon, we care.
In these trying times, we are delighted to offer a Tuition Fees freeze for 2021-22 academic year to support our parents and community.



For more details contact our Admissions at
admissions@dulwich-yangon.com.mm or 09 409 607 479.

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basic of basketball- Ages from 7

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SOON!**

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PYAE
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Enquiries Now at
09 765 444 326

STARCITY
COMMUNITY ANNOUNCEMENT

TWO DRAGONS YUNAN HOT POT & ASIAN CUISINE IS NOW OPEN IN A1 BUILDING, STAR CITY



OPEN DAILY

8:30am - 9:00pm (Break time: 1:00 pm - 4:00 pm)
Last order - 8:00 PM

Contact: 09 445 292 422, 09 426 226 197

Note:
Due to Covid restriction, Authentic Yunnan Hot Pot, Spicy Chicken Hot Pot and Noodle Menu is only available.

StarCity Leasing Team would like to wish you a very happy birthday and our warmest wishes for a wonderful year of good health, happiness and success!

Happy Birthday
To
February Born

Ms. Yuan Xin Xin

Mr. Hui Xiang Lu

Mr. Sompong Lertviriyapan

STARRESIDENCE

NEW YEAR GIFT COUPON

STARCITY

**Each household unit (1pc/unit) can be collected@
Zone AB, Management Office
A5 Building
City Loft Management Office,
Tower B2
A5 Management Office**



**5TH JAN - 28TH FEB 2021
MONDAY - FRIDAY
9:00AM - 4:00PM
(12:00 NOON - 1PM LUNCH BREAK)**

STOP FEEDING STRAY ANIMALS

STARCITY

- ✧ We would like to request our resident NOT to feed the animals (stray dogs, cats, birds etc...) with fresh eatables or left over food.
- ✧ We understand our residents have kind heart to animals, but environment hygienic is equally important.



the **HANGAR**

FOOD COURT (Open Daily, 6:00AM - 9:00PM)



AKHAYAR



AROI THAI



CITY CAFÉ



AMORE



MILLION COINS (Kyae Ohe)



MILLION COINS (Chinese Food)



DAE BAK by Mr. Chef



SAVOURY KITCHEN



SUSHI MIKADO



GO MOMO



MYEIK AYAR

Update Operating Hours

Areas	Facilities and Services	Operating Time
Offices & Services	Security Office	24/7 Emergency Security Helpline
	Management Offices	8:30 AM ~ 4:00 PM
	Community Pool	6:00 AM ~ 7:00 PM
	All Stars Pool A5	6:00 AM ~ 7:00 PM
	A1 Temporary Gym	6:00 AM ~ 7:00 PM
	All Stars Kid	9:00 AM ~ 5:00 PM
	Sales Gallery	Closed
	Home Repair & Maintenance service	8:30 AM ~ 3:00 PM
	Housekeeping on-call service	8:30 AM ~ 3:00 PM
	Apartment renovation works	Monday ~ Friday 9:00 AM ~ 5:00 PM Saturday 9:00 AM ~ 12:00 PM (No noisy work after 12:00 PM)
	Golf course	6:00 AM ~ 6:00 PM
	Driving Range	6:00 AM ~ 6:00 PM
	Visitor Entry	Closed
A1 Commercials	City Mart	9:00 AM ~ 5:00 PM
	YKKO	9:00 AM ~ 6:00 PM
	Mojoenet	10:00 AM ~ 3:00 PM Sunday & Public Holidays Close
	Serena Beauty Saloon	10:00 AM ~ 6:00 PM (Monday Close)
	Fashion Note	10:30 AM ~ 6:30 PM
	Two Dragons Hot Pot	8:00 AM ~ 7:30 PM
A2 Commercials	Yoma Bank	Temporary Closed
	Feel Restaurant	7:00 AM ~ 8:00 PM
A3 Commercials	Goldenhome Kitchen	Temporary Closed
	Nay Chi Silk & Cotton Shop	9:00 AM ~ 7:00 PM (Monday Close)
	MEDICARE	7:30 AM ~ 5:30 PM
A4 Commercials	Gloria Jean's	9:00 AM ~ 6:00 PM
	City Express	7:00 AM ~ 6:00 PM
A5 Commercials	Ren Hot pot	11:30 AM ~ 7:30 PM
	Pun Hlaing Clinic	10:00 AM ~ 7:00 PM (Sunday Close)
	Corriander Leaf	10:00 AM ~ 10:00 PM
	Star Kitchen	9:30 AM ~ 7:30 PM
	Laser Dental Clinic	Need Reservation Open Via Appointment
	Homeslice Pizza Shop	7:00 AM ~ 9:00 PM
	Kudos Bakery	7:00 AM ~ 5:30 PM

Areas	Facilities and Services	Contact No
Offices & Services	Security Office	09-765444638
	Management Offices	09-765444536 (Zone AB) 09-765444537 (Galaxy Tower) 09-765444682 (City Loft) 09-765444598 (A5)
A1 Commercials	City Mart	056~23150 Ext:1208/1207
	YKKO	056~23150 Ext:1208/1207
	Mojoenet	01-4709977
	Serena Beauty Saloon	09-5180069
	Fashion Note	09-785148289
	Two Dragons Hot Pot	09-426266197, 09-445292422
A2 Commercials	Yoma Bank	056~23150 Ext:1300/1301/1302
	Seara	056~23150 Ext:1303
	Feel Restaurant	056~23150 Ext:1304 09-401723278(Delivery)
A3 Commercials	Goldenhome Kitchen	056~23150 Ext:1308, 09-965452934
	Nay Chi Silk & Cotton Shop	09-451414824
	MEDICARE	09-977638582
A4 Commercials	Gloria Jean's	056~23150 Ext:1311, 09-972414287
	City Express	09-969934006
A5 Commercials	Ren Hot pot	09-264372365
	Pun Hlaing Clinic	Ext:1270/1271, Emergency 013684411
	Corriander Leaf	Ext:1309
	Star Kitchen	Ext;1305
	Laser Dental Clinic	Ext: 1307, 09-799439660 09-5161701
	Homeslice Pizza Shop	09-977233690
	Kudos Bakery	09-448944407



NOW OPEN

စားသောက်ဆိုင်တန်း နှင့် တုန့်စိမ်းဈေးတန်း ဖွင့်ပြီ...

Wet Market - 6:00 AM to 6:00 PM
Foodcourt - 6:00 AM to 9:00 PM

Location - In Front of City Loft

*for comments and feedback please write to
mrbmkyisinthant@gmail.com*

StarCity, Kyaik Khauk Pagoda Road, Thanlyin Township, Yangon, Myanmar.



Star City Sales Gallery
Kyaik Khauk Pagoda Road,
Thanlyin Township,
Yangon, Myanmar.



cityloftsales@yomaland.com
starcitysales@yomaland.com
customercare@yomaland.com



09 777 22 33 55 - 77
09 777 22 33 99
Tel : 056 23150 - 3,
Extension- 1112/1119



KEY CONTACTS

▶ ESTATE MANAGEMENT OFFICE

Mobile: 09 765 444 536 (Zone A, B)
Mobile: 09 765 444 637 (Galaxy)
Mobile: 09 765 444 683 (City Loft)
Email: em-galaxy@yomaland.com
Email: em-cityloft@yomaland.com

▶ RENTAL & COMMERCIAL LEASING OFFICE

Phone: 056-23150 ext: 1186, 1162
Mobile: 09 957 378 069, 09 506 1782
Email: starcityrentals@yomaland.com

▶ STAR CITY LINKS GOLF COURSE & DRIVING RANGE

Phone: 056-23150 Ext: 1241
Mobile: 09 42385 1101
Email: starcitylinksinfo@yomaland.com

▶ SECURITY HELP DESK

Hotline: 09 765 444 638
Email: security@yomaland.com

▶ A5 MANAGEMENT OFFICE

Phone: 056-23150 Ext: 1198, 1199
Email: a5-management@yomaland.com

▶ COMMUNITY POOL

Phone: 056-23150 Ext: 1260
Email: recreation@yomaland.com

▶ HOUSE KEEPING DEPARTMENT

Phone: 056-23150 Ext: 1227, 1124
Email: emhousekeeping@yomaland.com

▶ ALL STARS KIDS

Phone: 056-23150 Ext: 1220
Email: recreation@yomaland.com

▶ ALL STARS POOL (A5)

Phone: 056-23150 Ext: 1225
Email: recreation@yomaland.com

▶ PUN HLAING CLINIC

Phone: 056-23150 ext 1270, 1271
Mobile: 09 4495 23534
Email: htetaunghlaing@phsh.com.mm

▶ RESALE OFFICE

Phone: 056-23150 ~ 153 ext: 1118, 1151
Mobile: 09-2525 85875, 09-681 6565 28
Email: kyikyihlaing@yomaland.com